

# Choices

# 222 Training

## Principles of Adolescent Development

*Students will learn developmental characteristics of adolescence such as physical, sexual, emotional, social, intellectual, moral & spiritual development. Students will develop their understanding of the impact of factors such as personality, environment and the family.*

### Physical and Sexual Development

- ◆ Understanding Adolescence
- ◆ The Physical and Sexual Development of Adolescents
- ◆ The Implications of Physical and Sexual Development

### Emotional Development

- ◆ The Emotional Development of Adolescents
- ◆ The Emotional Characteristics of Adolescents
- ◆ Facilitating Healthy Emotional Development

### Social Development

- ◆ The Social Development of Adolescents
- ◆ Facilitating Healthy Social Development
- ◆ The Social Decisions of Adolescence

### Cognitive and Moral Development

- ◆ The Cognitive Development of Adolescents
- ◆ The Moral Development of Adolescents
- ◆ The Implications of Cognitive and Moral Development

### Faith Development

- ◆ The Process of Faith Development
- ◆ The Tasks of Faith Development
- ◆ The Cautions of Faith Development

### The Dynamics of Adolescence

- ◆ The Needs of Adolescence
- ◆ The Pressures of Adolescence
- ◆ The Defences of Adolescence

### Adolescent Personality

- ◆ Personality Development
- ◆ Personality Orientation
- ◆ Personality and Youth Ministry

### Adolescent Adjustment

- ◆ Requirements for Healthy Adjustment
- ◆ Assessing Adolescent Adjustment
- ◆ Ministry to "At Risk" Youth

### Principles for Healthy Families

- ◆ The Principle of Fulfilment
- ◆ The Principle of Authority
- ◆ The Principle of Mutuality
- ◆ The Principle of Intimacy
- ◆ The Principle of Loyalty
- ◆ The Principle of Yieldedness

### Family Dynamics

- ◆ The Effect of Parenting Style
- ◆ The Effect of Family Circumstance
- ◆ The Effect of Social Influence

Want to know more?  
Email: [info@222training.net](mailto:info@222training.net)

222 Training seeks to **encourage**, **equip** and **transform** existing and emerging leaders in youth ministry.

*222 Training is proud to partner with YouthTRAIN to make youth ministry training material, resources and courses available throughout Australia.*

*222 Training serves as an authorised agent for YouthTRAIN in Australia.*

YouthTRAIN is a New Zealand based non-denominational organisation whose aim is to train, resource and support Christian youth leaders.